

\$3.00

Monday Tuesday

March 2017

Harvest of the Month

Strawberries will be featured on the salad bar Thursday, March 9th.




| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 6 Marinara Sauce Gelatin With Fruit* Green Salad Broccoli Trees Baby Carrot Sticks Canned Peaches | Cheese Pizza -or- Turkey & Cheese Sandwich Green Salad Black Beans Baby Carrot Sticks Celery Sticks | 1 Cheese Enchiladas -or- Pepperoni Pizza* Refried Beans Green Salad Canned Yellow Corn Jicama Sticks | 2 Chicken Patty Sandwich -or- Bean Burrito Green Salad Broccoli Trees Celery Sticks Baby Carrot Sticks | 3 Hot Dog -or- Graham Cracker Sticks, Sunbutter & String Cheese Bean Variety Green Salad Broccoli Trees Fresh Vegetable Variety Vegetable Variety Applesauce |
| 13 Crisp Apple Marinara Sauce Milk, Nonfat Turkey & Cheese Sandwich Diced Turkey Kidney Beans Green Salad Baby Carrot Sticks Broccoli Trees | 14 Applesauce Orange Smiles Milk, Plain Lowfat Chicken Nuggets Green Salad Mixed Vegetables Celery Sticks Jicama Sticks Canned Peaches | 8 Mixed Fruit Cocktail Seasonal Fresh Fruit Sandywich Milk, Plain Lowfat Broccoli Trees Celery Sticks Seasonal Fresh Fruit Milk, Plain Lowfat | 9 Bean Burrito Broccoli Trees Milk, Plain Lowfat Seasonal Fresh Fruit Chocolate | 10 Seasonal Fresh Fruit Milk, Plain Lowfat Milk, Nonfat Chocolate Goldfish Pretzel Crackers Baby Carrot Sticks Celery Sticks Seasonal Fresh Fruit |
| 20 Pineapple Tidbits Turkey Meat Nuggets Milk, Plain Lowfat Muffin, String Cheese & Milk Trail Mix Whole Grain Roll Mashed Potatoes Green Salad Broccoli Trees Baby Carrot Sticks Mixed Vegetables Canned Peas | 21 Orange Smiles Chicken Nuggets Milk, Nonfat Popcorn Chicken Whole Grain Biscuit Pinto Beans Green Salad Broccoli Trees Canned Yellow Corn Mixed Fruit Cocktail Seasonal Fresh Fruit | 15 Milk, Nonfat Chicken & Waffles -or- Yogurt, String Cheese & Muffin Green Salad Broccoli Trees Baby Carrot Sticks Canned Yellow Corn Applesauce | 16 Cheesy Breadsticks Marinara Sauce -or- Bean Burrito Green Salad Green Peas Celery Sticks Baby Carrot Sticks Canned Peas | 17 Milk, Plain Lowfat Milk, Nonfat Chocolate Cheese Pizza Shredded Cheddar Cheese Green Salad Fresh Vegetable Variety |
| 27 French Toast Sticks Beer Sausage Party Milk, Nonfat Chocolate Yogurt, String Cheese & Muffin Diced Turkey Green Salad Broccoli Trees Baby Carrot Sticks Pineapple Tidbits Crisp Apple Milk, Plain Lowfat | 28 Milk, Plain Lowfat Milk, Nonfat Chocolate Cheesy Breadsticks Marinara Sauce Goldfish Pretzel Crackers Green Salad Celery Sticks Baby Carrot Sticks Jicama Sticks Canned Peas Orange Smiles Milk, Plain Lowfat | 22 Seasonal Fresh Fruit Milk, Plain Lowfat Milk, Nonfat Chocolate Diced Turkey Green Salad Broccoli Trees Celery Sticks Baby Carrot Sticks Canned Peaches Seasonal Fresh Fruit Chicken & Waffles Milk, Plain Lowfat String Cheese Milk, Nonfat Chocolate Green Salad Broccoli Trees Cherry Tomatoes Mixed Fruit Cocktail Seasonal Fresh Fruit Milk, Plain Lowfat Milk, Nonfat | 23 Seasonal Fresh Fruit Milk, Plain Lowfat Milk, Nonfat Chocolate Bean Burrito Green Salad Green Peas Broccoli Trees Baby Carrot Sticks Canned Peas Seasonal Fresh Fruit Cheese Pizza Milk, Plain Lowfat Green Salad Chocolate Baby Carrot Sticks Broccoli Trees Celery Sticks Canned Peaches Seasonal Fresh Fruit Milk, Plain Lowfat Milk, Nonfat | 24 Vegetable Variety Turkey & Cheese Sandwich Seasonal Fresh Fruit Milk, Plain Lowfat Milk, Nonfat Chocolate Marinara Sauce Green Salad Baby Carrot Sticks Celery Sticks Vegetable Variety Applesauce Seasonal Fresh Fruit Hot Dog Graham Cracker Sticks, Sunbutter & String Cheese Milk, Plain Lowfat Milk, Nonfat Chocolate Green Salad Bean Variety Fresh Vegetable Variety Vegetable Variety Applesauce Seasonal Fresh Fruit Milk, Plain Lowfat Milk, Nonfat |

Minimum Days March 8-10

Harvest of the Month



\$\$\$ Earn Extra Cash! \$\$\$
Substitute Help Wanted
Food Service
\$11.00 per hour
Workers

May be offered 2-4 hours per day.
Apply online at www.edjoin.org

Questions about Meal Application

Call: 916-971-7035

Meals may be pre-purchased online



Menus subject to change.

*Contains pork products. Each meal is served with a choice of 1% Low-Fat Plain or Non-Fat Chocolate Milk.